

Instructions: Complete this form and fax to Elemento Health at 872-302-0004. We will contact the patient to schedule an appointment or the patient can call Elemento Health at 917-420-9994 to schedule. We will notify you of the scheduled appointment. Please call with questions or to coordinate care.

## Medical Nutrition Therapy (MNT) Referral Form

**Please fax to: 872-302-0004**

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Reason for MNT Referral:

*Note:* Please send pertinent labs, H&P, and other supporting documentation of diagnoses.

### Common MNT Diagnostic Codes (ICD-10)

(ICD-10 codes are for your convenience, please alter/change as needed & check all that apply below.)

<ul style="list-style-type: none"> <li>• Overweight E66.3</li> <li>• Obese E66.9</li> <li>• PCOS E28.2</li> <li>• Diabetes, Type II E11.</li> <li>• Prediabetes R73.09</li> <li>• Hyperlipidemia E78.5</li> <li>• Irritable Bowel Syndrome K58.9</li> <li>• Hypertensive Disorder I1</li> <li>• Dietary surveillance and counseling Z71.3</li> </ul>	<ul style="list-style-type: none"> <li>• Other _____</li> <li>• Other _____</li> <li>• Other _____</li> <li>• Other _____</li> <li>• Other _____</li> <li>• Other _____</li> <li>• Other _____</li> <li>• Other _____</li> </ul>
--	--

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Group/Practice Name: \_\_\_\_\_

Address: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

1827 N Larrabee St, Apt 1  
Chicago, IL 60614  
[mariana@elementohealth.com](mailto:mariana@elementohealth.com)

p: 917-420-9994  
f: 872-302-0004  
elementohealth.com